

# Barbara Liniger

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born 02/15/1971 in Lucerne, Switzerland



## OBJECTIVE

I was running a full time private practice for over 10 years in Zug, Switzerland, and supported more than 800 patients of all ages in their healing process. As a holistic healthcare professional I have been able to successfully treat a wide variety of health problems as well as physical and emotional challenges. I believe that my holistic approach is an interesting addition the classical treatment plans of western medicine and I passionately support patients in their healing with my knowledge in Craniosacral Osteopathy, Visceral Manipulation and Therapeutic Massage.

## EXPERIENCE

### **Student Clinic - Maui School of Therapeutic Massage (MSTM)**

**2015**

Makawao, Maui

Student Clinic Practitioner, 200 hours providing massage in Student Clinic with clients of different ages and a wide variety of conditions. Including administering intake questionnaires and treatment protocols.

**Outreach Events** - Postevent Massage for Marathon Runners at Maui Marathon -Lahaina, September 2015

- Massage for Heros - Makawao, August 2015

- Massage for Breast Cancer Relay - Kahului, June 2015

### **Fulltime Private Praxis for Classical Homeopathy and Craniosacral Osteopathy**

**2003 -2010**

Zug, Switzerland

Running a private practice with over 800 patients. Managing my own office including marketing, scheduling, bookkeeping, client communication, working with insurance companies, treatments and case documentations.

### **Educational Director, Boardmember and Teacher for the homeopathic school "Akademie der homoeopathischen Heilkunst"**

**2003 - 2010**

Rapperswil, Switzerland

Coordinated and managed all administrative jobs, interviewed new students, planned class schedules, designed marketing and schooling material, taught all levels from beginners to experts, designed exams and tested students in final oral tests.

### **Parttime Private Practice for Classical Homeopathy**

**2000 - 2002**

Einsiedeln, Switzerland

Private Practice affiliated with my teachers Lukas Bruhin and Daniel Trachsel.

## TEACHING / LECTURES

### **Homeopathy for Beginners, Students and Experts**

Zug, Rapperswil, Zuerich - Switzerland

**2001 - 2010**

- Help-your-self- Classes
- Homeopathy and Sports
- Coffee and its side effects
- Childhood diseases
- Problems of the head - migraines, vertigo, sinus infections
- LM Potences and remedie relations
- Radioactive Homeopathical Remedies
- Homeopathical Spider and Snake Remedies
- Science and Homeopathy

## PROFESSIONAL AFFILIATIONS

### **NVS, Natueraerzte Verband Schweiz**

Certified member of the Association for Naturopath in Switzerland

### **ABMP**

Member of the Associated Massage & Body Professionals

### **IAHP**

Member of the International Association of Healthcare Practitioners

## REFERENCES

My list of references will be available up on request.

**Visceral Manipulation**

2015 - 2018

The Barral Institute

A manual therapy that focuses on internal organs, their fascial environment and the potential influence on the structural and physiological dysfunctions.

**Visceral Manipulation: Abdomen 1**

Peter Coppola, PT

Maui, September 24 -27, 2015

24h

**Visceral Manipulation: Abdomen 2**

Peter Coppola, PT

Maui, Mai 12 -15, 2016

24h

**Visceral Manipulation: The Pelvis**

Peter Coppola, PT

Maui, March 09 -12, 2017

24h

**Visceral Manipulation: Listening Techniques 1**

Dr. Ron Mariotti, NP

Maui, March 09 -12, 2017

18h

**Visceral Manipulation: The Thorax**

Peter Coppola, PT

Maui, February 14 -17, 2017

24h

**Visceral Manipulation: Abdomen 1 Repetition**

Brandi Kirk, PT, PRPC, CVTP

Honolulu, September 13-16, 2018

24h

## MASSAGE EDUCATION

701h

**Mau School of Therapeutic Massage MSTM**

2014 - 2015

Makawao, Maui HI

Graduation October 2015 with a certificate in massage therapy from a 650 h course. Classes included the topics listed below and a 200 h internship in the student clinic and several community outreach events.

- Anatomy, Physiology & Structural Kinesiology
- Massage Theory and Technique
- Swedish Massage
- Deep Tissue Massage
- Neuromuscular Therapy
- Postural Assessment and Orthopedic Massage
- Pregnancy Massage
- Traditional Hawaiian Lomilomi
- Polarity and Biodynamic Craniosacral Therapy
- Reflexology, Acupressure and Shiatsu
- Hydrotherapy and Spa Treatments

**Additional Workshops**

- Lomilomi Massage Fundamentals (Jeana Naluai)
- Myofascial Mobilization of Torso and Lower Extremities (Lynn Wind)

Other Postgraduate Education related to **HOLISTIC HEALTH CARE**

**203.5h**

**Advanced Energy Medicine**

Deborah Kremins, MIM, Paia

175h

**2011-2013**

**Traditional Maori Healing Art**

Atarangi Muru, Auckland NZ

March 9-11, 2014 Makawao, HI

16.5h

March **2012**

**Hawaiian Healing Philosophies**

Kahu Lyons Kapi'iohookalani Naone, Kipahulu

VITEC, University of Hawaii, Maui

September 30 - November 4, 2010

12h

September **2010**

Postgraduate Education in **ANATOMY, PHYSIOLOGY & PATHOLOGY**

**150h**

**Biomedica: Anatomy, Physiology and Pathology**

Biomedica, Zuerich (CH)

Graduation January 12, 2007, with best possible test result

October **2006**

45h Anatomy and Physiology (Musculoskeletal System, Nervous System, Endocrine System, etc.)

45h Pathology and Pathophysiology

20h Anamnesis and Diagnostic

20h Psychology and Psychosomatic Disorders

20h Emergency Procedures and Hygiene

**150h Total**

Postgraduate Education in **CRANIO SACRAL OSTEOPATHY**

**248h**

**Manual Articular Approach: Spine and Pelvis**

Alain Croibier, DO - The Barral Institut

Lahaina, HI

July 25-27, 2014

18h

July **2014**

**3D Myofascial Release: Low Back, Sacrum, Pelvis and Hip**

Carol A. Phelan, LMT

Haiku HI

March 3, 2014

7h

March **2014**

**3D Myofascial Release: Chronic Pain and Traumatic Injury**

Carol A. Phelan, LMT

Haiku HI

March 4, 2014

7h

March **2014**

<b>3D Myofascial Release: Art of Palpation and Assessment of Fasciae</b> Carol A. Phelan, LMT Haiku HI March 5, 2014	7h	March <b>2014</b>
<b>Emotion, Pain and Perception</b> Steve Haines, Geneva, Switzerland DaSein Institut, Zuerich (CH) April 30 - Mai 02, 2010	21h	April <b>2010</b>
<b>Lymphatic Disorders and Cranio Sacral Osteopathy</b> Udo Blum, PT, CSO SCSO Rudolf Merkel, Zuerich (CH) December 2, 2009	7h	December <b>2009</b>
<b>Cervical Trauma II</b> Robert Norett, DC, Los Angeles Colorado Cranial Institut, Zuerich (CH) March 5-7, 2009	22h	March <b>2009</b>
<b>Visceral Osteopathy: Urogenital System</b> Iris and Michal Wolf, Portland SCSO Rudolf Merkel, Zuerich (CH) November 12 -14, 2008	20h	November <b>2008</b>
<b>Headaches and Migraines</b> Harald Faltz, Germany SCSO Rudolf Merkel, Zuerich (CH) October 13, 2008	7h	October <b>2008</b>
<b>Visceral Osteopathy: Abdominal Organs and Thorax</b> Iris and Michal Wolf, Portland SCSO Rudolf Merkel, Zuerich (CH) May 17 -19, 2008	20h	May <b>2008</b>
<b>Orthodontics</b> Beate Kreisel, Rodolf Merkel SCSO Rudolf Merkel, Zuerich (CH) March 06, 2008	7h	March <b>2008</b>
<b>Cervical Trauma I</b> Robert Norett, DC, Los Angeles Colorado Cranial Institute, Zuerich (CH) January 1-3, 2008	22h	January <b>2008</b>
<b>Respiratory Tract and Breathing</b> Michaela Holin, Zuerich November 28, 2007	6h	November <b>2007</b>

<b>Hyperactive Children</b> Michaela Holin, Zuerich November 11, 2007	6h	November <b>2007</b>
<b>Visceral Osteopathy: Digestive System</b> Iris and Michal Wolf, Portland SCSO Rudolf Merkel, Zuerich (CH) November 09 -11, 2007	20h	November <b>2007</b>
<b>Fasciae and Bones</b> Rudolf Merkel, Zuerich SCSO Rudolf Merkel, Zuerich (CH) May 30, 2007	7h	May <b>2007</b>
<b>Visceral Dynamic of the Heart</b> Uwe Baumann Schule fuer Koerpertherapie, Zuerich May 21, 2007	7h	May <b>2007</b>
<b>Relationship between Parent and Child</b> Michaela Holin & Barbara Rejman, Zuerich October 25, 2006	3h	October <b>2006</b>
<b>Polyvagaltheory for children</b> Benjamin Shield, PhD, USA ColoradoCranialInstitute, Zuerich October 12-13, 2006	15h	October <b>2006</b>
<b>C-Section and Postpartum complications</b> Michaela Holin, Zuerich September 13, 2006	4h	September <b>2006</b>
<b>Newborns and Babies: Torticollis</b> Michaela Holin, Zuerich June 30, 2006	4h	June <b>2006</b>
<b>Tinnitus</b> Rudolf Merkel, Zuerich SCSO Rudolf Merkel, Zuerich (CH) May 31, 2006	7h	May <b>2006</b>
<b>Newborns and Babies: Digestive Problems</b> Michaela Holin, Zuerich February 3, 2006 Michaela Holin, Zuerich	4h	February <b>2006</b>

**Schule fuer Craniosacrale Osteopathie**

2002-2005

Rudolf Merkel, Zuerich (CH)  
 Graduation December 11, 2005

- 325h Training in Craniosacral Osteopathy, applied anatomy and palpation etc.
- 30h Treatment session with a Teacher, Analytical Discussion of Sessions
- 37h Supervision, one on one Training with a TA
- 60h Intervision, guided Studygroups
- 100h Documented Treatments
- 150h Literature Study, research project

**702h Total**Postgraduate Education in **HOMEOPATHY**

234h

**Vaccination and its Complications**

January 2010

Rolf Kron, Germany, Dani Trachsel, Switzerland  
 AHHK, Rapperswil (CH)  
 January 22-24, 2010

21h

**Natrual Birthcontrol and Abnormal Menstrual Cycles**

May 2009

Tatjana Barras - Kubiski, MD, Bern (CH),  
 Simillium Seminarorganisation, Bern  
 Mai 09, 2009

8h

**The Syphilitic Miasm in Womens Health**

March 2009

Friedrich Graf, MP, Germany  
 Simillium Seminarorganisation, Bern  
 March 13-14, 2009

16h

**Trauma and Homeopathy II**

April 2008

Heinz Wittwer, Zuerich  
 April, 2008

18h

**Nosodes**

April 2008

Frans Vermeulen, Sweden  
 AHHK, Rapperswil (CH)  
 April, 2008

18h

**Homeopathical Remedies for the Heart**

December 2007

Dr. Sing M. Jus, Zug  
 December, 2007

8h

<b>Treatment of acute diseases through out the Organon</b> Matthias Wischner, MD (Germany) March, 2007	8h	March <b>2007</b>
<b>Cardiovascular System</b> Henny Heudens. Belgium AHHK, Rapperswil (CH) March 13-14, 2006	18h	March <b>2006</b>
<b>Pregnancy &amp; Birth</b> Friedrich Graf, MP, Germany AHHK, Rapperswil (CH) November 18-20, 2005	14h	November <b>2005</b>
<b>The tuberculinic Miasma</b> Daniel Trachsel et al. AHHK, Rapperswil (CH) March, 2005	21h	March <b>2005</b>
<b>The sycotic Miasma</b> Daniel Trachsel et al. AHHK, Rapperswil (CH) January, 2005	21h	January <b>2005</b>
<b>The syphilitic Miasm</b> Daniel Trachsel et al. AHHK, Rapperswil (CH) November, 2004	21h	November <b>2004</b>
<b>The psoric Miasm</b> Daniel Trachsel et al. AHHK, Rapperswil (CH) August, 2004	21h	August <b>2004</b>
<b>Allergies</b> Daniel Trachsel et al. AHHK, Rapperswil (CH) April, 2003	21h	April <b>2003</b>



**Akademie der homoeopathischen Heilkunst**

2000 -2003

Rapperswil, Switzerland

Education in classical Homeopathy for acute and chronic illnesses.  
Graduation in 2002 as Classical Homeopath, Master Education in 2003

- 195h Basic Training in classical homeopathy for acute diseases: Case Taking, Repertorisation, Materia Medica, etc.
- 210h Advances Training in classic homeopahty for chronic disease: Miasmantik, Vaccination, Destructive Diseases, Materia Medica, Repertorisation, etc.
- 98h Master Education: Live Casetaking, Prescription and Follow up.

**503h Total**

BASIC EDUCATION

1984h

**University of Zuerich, Switzerland 1991-1997**

Masters Degree in Biology (Ethology, Marine Biology, Ecology)

**The following hours of this education are relevant for Anatomy, Physiology, Pathology:**

- |      |  |              |  |
|------|--|--------------|--|
| 700h | Anorganic and organic Chemistry  | 84h          | Anatomy and Physiology                     |
| 260h | Biochemistry   | 84h          | Anatomy and Physiology in domestic animals |
| 160h | Physics  | 28h          | Comparing Physiology                       |
| 56h  | Zytology and Histology, Anthropology, comparing Anatomy  | 28h          | Nutritional Physiology                     |
| 80h  | Genetics   | 56h          | Hygiene and Pathology                      |
| 224h | Molekularbiology (DNA, RNA, aminoacids, proteins, genetic diseases etc.), Mikrobiology (Infecteous diseases) |              |  |
| 224h | Developmental Biology, Embryology, Endokrinology, Neurobiology   | <b>1984h</b> | <b>Total</b>                               |

**Kantonsschule Reussbuehl, Switzerland**

1984 -1991

Education equal to 3 yeas College and 4 years Highschool  
Graduation in Language (Latin/Greek) and Science.

**Elementary School in Littau, Switzerland**

1978 -1984